



www.afcity.org 801-763-3084

Fun Summer Programs

& more



Parent/Tot

For Boys & Girls ages 1-3
Tues. and / or Thurs. 10:30-11:00

\$25. mo. w/pass \$28. w/out 2 x wk. \$45./\$50.

Kindergarten

Advanced Girls ages 5-6
Tues. & Thurs. 1:00-2:00



*Teacher permission required for this class

\$45.00 a month w/pass \$50.00 w/out

Gym Stars

For Boys & Girls ages 3-5

Mon. 11:45-12:30
Tues. 10:15-11:00
Tues. 11:00-11:45
Tues. 3:30-4:15
Wed. 11:45-12:30
Thurs. 10:15-11:00
Thurs. 11:00-11:45
Thurs. 3:30-4:15



\$28. w/pass \$32. w/out 2 x wk. \$45./\$50.

Breeze/Thunder

Summer Fun for Girls 5 & up
For those girls with little or no gymnastics experience up to intermediate. A great class!

Mon. 12:30-1:15
Mon. 4:15-5:00
Tues. 4:15-5:00
Wed. 12:30-1:15
Wed. 4:15-5:00
Thurs. 4:15-5:00



\$28. mo. w/pass \$32. w/out 2 x wk. \$45./\$50.

Register online at www.afcity.org

Classes begin June 1st and go all Summer long

Boys Gymnastics

Astroids ages 3-5

Mon/Wed 11:45-12:30

Breeze/Thunder ages 5 & up

For Boys with little or no gymnastics experience

Mon and /or Wed 4:15-5:00

Tues. and /or Thurs. 3:30-4:15

\$28. mo. w/pass \$32. w/out 2 x wk. \$45./\$50.

Boys Builder/Pre 3 6 & up

For boys who have a little more gymnastics experience and want to be pushed a little harder

Mon/Wed 3:15-4:15

\$50. mo. w/pass \$55. w/out 2 x wk.

Tumbling

Fun for all ages & levels

Sat. 8-9:00am ages 6-9

Sat. 9-10:00am ages 10+

Wed. 8:00-9:00 pm
(All levels & ages)



\$30.00 w/pass \$34. w/out

Blizzards

For Girls ages 5 & up
For the intermediate gymnast

Tues. & Th. 4:00-5:30

\$60. mo. w/pass /\$65. w/out

Preteam

ages 5 & up

Mon/Wed 3:00-5:00

*Teacher permission required



\$70. mo. w/pass \$75. w/out

We also have a TON of Competitive Gymnastics Classes. Questions? Call Rebecca 801-763-3084 ext. 206

Itty Bitty's

For ages 3-5

Your 3-5 yr. old will have a blast learning **BALLET/JAZZ & TAP** in this **FUN CLASS!**

Wed. 10:30-11:15 or Wed. 11:15-12:00

\$25. mo. w/pass \$28. w/out

Tiny Tots

For ages 4-6

Your 4-6 yr. old will have a blast doing **BALLET/JAZZ & TAP** every

Mon-Ballet/Jazz-4:00-4:50

Wed. Ballet/Tap 4:00-4:50

\$45. mo. w/pass \$50. w/out



Pirouettes

Fun class for girls with minimal to **no dance experience** **Ages 7 & up**

Mon-Ballet/Jazz 5-5:50

Wed-Ballet/Tap 5-5:50

Fri.-Technique 4-5:00

\$55. mo. w/pass \$60. w/out

Axels

For Girls ages 7 & up

For the intermediate dancer

Mon-Ballet/Jazz 6-6:50

Wed-Ballet/Tap 6-6:50

Fri.-Technique 4-5:00

\$55. mo. w/pass \$60. w/out



Breakdancing

For Boys & Girls ages 7 & up

Come learn all the **CRAZY FUN** moves you see on TV!

Tues/Thurs 4:00-4:50

\$45. mo. w/pass \$50. w/out

Hip-Hop

For Boys & Girls ages 7 & up

Tues/Thurs. 5-5:50

Fri.-Technique 4-5:00

You will never get bored in this High Energy Class!

\$55. mo. w/pass \$60. w/out

Kids Running Club

Join the Fun!

All levels of Runners

for kids ages 6-12



KIDS SUMMER RUNNING CLUB

When: June 9-July 30th

Days: Tuesdays & Thursdays

Time: 9:00-10:00 am

Where: Meet on the north end of The Pony Field

Cost: \$55.00 for 8 weeks & a T-shirt

Register at www.afcity.net or at American Fork Fitness Center
Questions? Call Rebecca 801-763-3084 ext 206

Bring a water bottle to class each day as we will be running outdoors, doing conditioning and playing games.

Our goal is that every child run 26.2 for the duration of the camp.



Kenpo Karate

Your 3-16 yr. old will have a **BLAST** all Summer doing Karate

Visit our website for times and pricing



QUESTIONS?

Call Rebecca

801-763-3084

Ext 206

Dance Camps

NEW PRINCESS DANCE CAMP -FOR AGES 3-5

Come dressed as YOUR FAVORITE DISNEY CHARACTER and learn fun dances



Your child will have a **BLAST** learning **6 DIFFERENT DANCE STYLES** along with **GYMNASTICS**

- *HIP-HOP *MODERN
- *BALLET *BREAK DANCE
- *TAP *JAZZ

WHO:
AGES 3-5
levels 1/2
level 3

WHEN: Mon-Thurs for 2 wks
July 13-23 or July 27-Aug 6
July 13-23 or July 27-Aug 6
July 13-23 or July 27-Aug 6

COST: INCLUDES SOUL 2 SOLE T-SHIRT
\$55.00 Princess
\$70.00
\$90.00

Itty Bitty

For Boys & Girls ages 3-5

Pick **M/W 9:15-10:00** or **10:15-11:00am** or **Tues/Thurs 9:15-10:00** or **10:15-11:00am**

June- Soccer

Mon/Wed.
June 8,10,15,17,22,24
Tues/Thurs.
June 9,11,16,18,23,25

July- T-Ball

Mon/Wed.
July 6,8,13,15,20,22
Tues/Thurs.
July 7,9,14,16,21,23

August- Football

Mon/Wed.
Aug. 3,5,10,12,17,19
Tues/Thurs.
Aug. 4,6,11,13,18,20

Cost: \$30.00 per session 6 lessons and a T-shirt

AF
PARKS & RECREATION
AF RECREATION
Summer Programs

Tennis Lessons

For beginning to intermediate players ages 8 and up
Two week sessions from June 1st-July 16th

Tennis League

For intermediate to advanced players ages 10-14. Two practices,
one match each week + tournament. Begins June 2nd.

Golf Lessons

Held at Fox Hollow Golf Club for all ages and levels. Sessions are
based on age and ability. Begins June 3rd

Skate Camp

Learn the fundamentals of skateboarding, improve current skills,
and make friends. Choose one of two sessions held during the
month of June or July

Ultimate Frisbee

Season will be July– August for ages 8-12. More information to
come at the end of May on our website and Facebook page.

Programs fill up quickly, so don't wait!



For pricing, dates, and more information about our programs
visit afciv.org > Recreation Department or contact us at
801.763.3084

2015 REGISTER @ WWW.ACTIVITYREG.COM



SUMMER SWIM LESSONS

SESSION 1 / JUNE 1-11

AM classes	PM classes
10:00 / 10:30 / 11:05 / 11:35	4:30 / 5:05 / 5:40 / 6:15

SESSION 2 / JUNE 15-25

AM classes	PM classes
10:00 / 10:30 / 11:05 / 11:35	4:30 / 5:05 / 5:40 / 6:15

SESSION 3 / JULY 6-16

AM classes	PM classes
9:00 / 9:30 / 10:00 / 10:30	4:30 / 5:05 / 5:40 / 6:15
11:05 / 11:35	

SESSION 4 / JULY 20-30

AM classes	PM classes
9:00 / 9:30 / 10:00 / 10:30	4:30 / 5:05 / 5:40 / 6:15
11:05 / 11:35	

SESSION 5 / AUGUST 3-13

AM classes	PM classes
9:00 / 9:30 / 10:00 / 10:30	4:30 / 5:05 / 5:40 / 6:15
11:05 / 11:35	

PRIVATE SWIM LESSONS

Private swim lessons are taught all summer long in conjunction with public swim lessons. Instructors teach (4) thirty minute sessions M-TH. Starts at 12:10pm. Prices for non-members are \$70 and members is \$65

PRICE

Member	Non-member
\$33	\$38



Join the fun!!!



swim team try-outs!

HILLTOP AQUATICS
SUMMER LEAGUE SWIM PROGRAM
IS HAVING

**Summer Swim Team
tryouts...**

on May 5th - 7th @ 7:00 p.m.



*** ALL Swimmers MUST
PRE-Register to attend the
TRYOUTS**

* Please go to our website @

www.hilltopaquatics.org

to register to attend tryouts and for more information
on our Summer League Swim Team!!



454 North Center Street
American Fork, UT 84003

801-763-3084

www.afcity.org

**3 Month
Summer Pass Sale!**

Good for any 3 months of your choice

Sale Prices good until May 30th

<u>Resident</u>	<u>Non Resident</u>
Family \$185 \$165	Family \$205 \$185
Individual \$115 \$100	Individual \$125 \$110
Couple \$155 \$140	Couple \$175 \$160
Student \$80 \$70	Student \$85 \$75
Senior \$80 \$70	Senior \$85 \$75
Sr. Couple \$115 \$100	Sr. Couple \$125 \$110