## OES PTA After School Programs

Registration Tuesday, October 2<sup>nd</sup> and Friday, Oct 5<sup>th</sup> @2:15 and 3:30 in the gym. Classes start the week of October 14<sup>th</sup>! Please note that some classes have student limits. Classes are only \$15 for the entire 9 week session! Scholarships will be available.



Students will check in before each class time and receive an after school snack! Students will be required to be released to walk home after class, even if your intention is to pick them up.

**Tumbling** Rolls, cartwheels, aerials, walk overs, front/backhand springs, tucks. Learn the basics to tumbling or advance from the skill level you currently have!

<u>Art/Crafts</u> Come get creative in this class, everyone is an artist! <u>Yoga & Relaxation</u> Come learn some great ways to calm and relax your body. Yes, even elementary school children get stressed out.

**ASL** taught by UVU school of studies for the deaf. How cool would it be to learn a new language? Learn fluent sign language!

**<u>Zumba</u>** Get excited for this exercise class with motivating music and fun moves!

**Sports Team** Enjoy a variety of sports taught in this class.

**<u>Hip Hop Dance-</u>** for boys and girls. Come and enjoy learning fun relaxed dance moves.

Orchestra/Strings taught by Heather Schramm. She served as concert Mistress of the Utah Valley Youth Symphony Orchestra, and toured the North-Eastern United States with the group. She now attends Brigham Young University, studying Music Education. Heather is currently a member of the BYU Symphony Orchestra.

Information on instrument rental will be available at registration.

**<u>Lego-</u>**A new class this year<sup>©</sup> Come and learn how to build really cool things out of legos.

<u>Tae Kwon Do-</u>Come and kick it up in this class and learn some martial arts!

If you would like to apply for a scholarship to any one of these classes or have questions regarding the after school programs, please contact stephanieellis6@msn.com.